

 London
Doctors
Clinic

Part of Spire Healthcare



Health screens

Find the right health screen
for your needs

Looking after you.

Health screens

We regularly go for check-ups at the dentist or opticians but why, when it comes to our health, do we wait until something doesn't feel right before we check up on ourselves? Health screens are there to help us understand our health in detail. Not all health issues present themselves to us with obvious symptoms and can go for years undetected. With a combination of tests and examinations, you can get all of the answers you need in one easy appointment!

Which health screen is best for me?

We have a range of screens for you to choose from our most basic vital screen to our most in-depth platinum screen.

Vital: Recommended for anyone under 40. This screen is our most basic for anyone who is looking for a baseline understanding of their overall health.

Bronze: Recommended for anyone under 40. This screen provides a more in-depth analysis of your health and lifestyle.

Silver: Recommended for all ages. This screen provides you with an understanding of your risk for certain health conditions.

Gold: Recommended for anyone over 40. This screen includes a thorough examination and is designed to identify current and future health risks.

Platinum: Recommended for anyone over 40. This is our most in-depth option, providing you with a highly detailed understanding of your health with extensive examinations and assessments.

With all of our health screens, you will receive a detailed report outlining your results as well as lifestyle advice from your healthcare advisor and doctor.

	Vital	Bronze	Silver	Gold	Platinum
Appointment time	15 minutes	30 minutes	75 minutes	90 minutes	90 minutes
GP consultation			✓	✓	✓
Lifestyle review	✓	✓	✓	✓	✓
BMI calculation	✓	✓	✓	✓	✓
Blood pressure check	✓	✓	✓	✓	✓
Blood sugar check	✓	✓	✓	✓	✓
Diabetes risk check	✓	✓	✓	✓	✓
Lifestyle and diet assessment	✓	✓	✓	✓	✓

	Vital	Bronze	Silver	Gold	Platinum
Appointment time	15 minutes	30 minutes	75 minutes	90 minutes	90 minutes
Mental health /stress review		✓	✓	✓	✓
Comprehensive blood test		✓	✓	✓	✓
Urinalysis		✓	✓	✓	✓
O2 saturation			✓	✓	✓
Physical examination			✓	✓	✓
ECG				✓	✓
Grip strength				✓	✓
Bowel cancer screen*				✓	✓
CT calcium screen*					✓

	Male tests only				
Testes examination				✓	✓
Prostate examination*				✓	✓
Prostate cancer blood test*					✓

	Female tests only				
Breast examination				✓	✓
Pelvic examination and smear**				✓	✓
Ovarian cancer blood test					✓

*Over 40s only **Over 25s only

Head to our website to book your health screen today: [londondoctorsclinic.co.uk](https://www.londondoctorsclinic.co.uk)



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Visit londondoctorsclinic.co.uk

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