



**Doctors  
Clinic  
Group**

# Corporate Healthcare

Private GP and  
Healthcare Services

**Take care of your people. Take care of your business.**

At The Doctors Clinic Group, also known as London Doctors Clinic, we offer private GP appointments, as well as broader healthcare services including secondary care and occupational health, delivered by Maitland Medical, to businesses across the UK in clinics and via video.

We offer a flexible service that moulds to the needs of your business and your teams. Our consultative approach allows us to tailor each service and help shape your corporate wellness strategy.

#### How we can help you:

- REDUCE COST OF SICKNESS  
ABSENCE LEAVE
- TACKLE THE GROWING PROBLEM  
OF PRESENTEEISM
- ENHANCE YOUR EMPLOYEE  
BENEFITS
- PROVIDE MONTHLY INSIGHT INTO  
YOUR PEOPLE'S HEALTH AND  
WELLBEING
- SHOW YOU'RE A CARING EMPLOYER
- PROVIDE A FLEXIBLE SERVICE TO  
MEET ALL BUDGETS

# A tailored, hassle-free service

We work with you to identify your key priorities and create a package that's right for you, and that fits your budget. We take care of all the administration so getting started is quick and easy.

#### Services for employees:

- SAME DAY CLINIC APPOINTMENTS
- VIDEO APPOINTMENTS 7 DAYS A WEEK  
AND AVAILABLE INTERNATIONALLY
- MEDICATION DELIVERY SERVICE
- MENTAL HEALTH SUPPORT
- RAPID BLOOD TESTING
- CERTIFICATES AND LETTERS
- FITNESS FOR WORK
- HEALTH SCREENING
- ON-SITE GP SERVICES
- SEASONAL VACCINATIONS
- VISA MEDICALS
- PRIVATE REFERRALS
- OCCUPATIONAL HEALTH

SAME DAY GP  
APPOINTMENTS  
7 DAYS A WEEK



With many central locations, we are sure to be close by to your office.

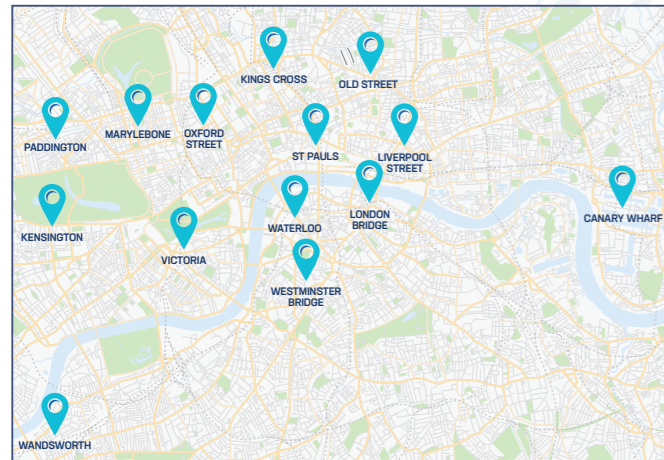
# The benefits of working with us

Absenteeism costs the UK economy £18 billion in productivity loss each year.

With the growing issue of presenteeism, this can have a real financial impact on your company, as well as affecting company morale.

Investing in corporate healthcare can be beneficial to you and your company. A corporate wellbeing programme can help ensure that your workforce feels in control of their mental and physical wellbeing, which can have a range of positive effects from financial benefits to an increase in productivity.

When it comes to corporate healthcare The Doctors Clinic Group aims to work with you to give your company the edge it needs though maintaining your team's health and wellbeing. Our corporate service will ensure that your people are working with drive, energy and motivation.



# One stop shop for GP services

We believe everyone deserves the chance to put their health first.

By offering GP services and convenient times and location, we reduce time lost on GP appointments from half a day to half an hour and promote a proactive approach to health for your employees.

With easy online booking, same day availability and medications dispensed in clinic, your employees can be from doctor to desk in 30 minutes.

## More than GP appointments

GP appointments include everything you would expect from your NHS GP and more. We offer an array of secondary care services in partnership with our consultant specialists.

- IMAGING SERVICES
- GYNAECOLOGY
- CARDIOLOGY
- MENTAL HEALTH
- ORTHOPAEDICS
- PHYSIOTHERAPY
- DERMATOLOGY
- PSYCHIATRY
- OCCUPATIONAL HEALTH

## Data-driven wellness

We provide monthly anonymised usage data so you can identify key areas of concern within your business and emerging trends. This data helps shape your corporate wellness strategy and help you manage sickness absence.

## Healthcare that suits your business

All our healthcare packages are tailored to your business needs. We'll work within your budget and provide a consultative approach to setting up your new employee benefit.

We pride ourselves on our agility and flexibility in assisting our clients find the right package for them and providing account support.



# Corporate GP services

**We provide corporate GP services to a range of different organisation across a variety of sectors from finance and legal to media and the arts.**

We work with all our clients to build a corporate GP package that suits their unique healthcare needs which can be delivered within a budget. We provide a consultative approach, working with you and our doctors to provide advice on helping deliver your corporate wellness objectives.

We offer a comprehensive range of private GP services, including mental health and wellbeing, health screens, specialist medicals and referrals to specialist. We also provide a range of secondary care services at our Oxford Street polyclinic with our partner consultant specialists. We'll provide you with anonymised data to help you identify key health concerns.

At our core we provide simplified and accessible healthcare. With same day appointments and easy online booking, our aim is to help your people put their health first.

## Pay as you go GP packages

Packages include pay as you go company-funded or discounted GP appointments, which can be capped or unlimited and can be both clinic appointments and video. With our many London locations and video appointments, we offer nationwide coverage to allow easy access to same day appointments for all your employees.

## GP subscription packages

You may prefer monthly or annual subscription packages for your employees. We can tailor packages to be video only or include face to face clinic appointments, health screens and more. Employee dependents can be added on as a flexible benefit so you're taking care of them and their loved ones.

## Onsite GP services

We provide onsite services on a regular or ad hoc basis. As well as standard GP appointments, we can also provide seasonal flu vaccinations, onsite health screens, mental health support and educational seminars.

By providing easy access to a GP for you employees, you can reduce the cost of absence, improve productivity and show your employees that you care about their health.

# Corporate health assessments

**Our LifeSmart health screen range is designed so you can take a proactive approach to the health and wellbeing of your people.**

Our full-body health screens come in a variety of packages to suit different budgetary requirements.

They range from 15 minutes to 3 hours, depending on the extent of the examination.

At the end of each health screen, each patient will be provided with a personalised medical report and recommendations, if applicable, to ensure they stay fit, healthy and LifeSmart. We can work with you to create your own bespoke health screen to suit the requirements of your team. We also have a range of LifeSpecific screens for a more targeted approach to health.

You can compare all our LifeSmart health screens on the next page.

What's included	LifeSmart Level				
	Vital	Bronze	Silver	Gold	Platinum
Lifestyle assessment (smoking, alcohol & sleep)		●	●	●	●
Mental health & stress check		●	●	●	●
Physical activity assessment		●	●	●	●
Diet assessment & diabetes risk check		●	●	●	●
Personalised medical report		●	●	●	●
Comprehensive physical examination			●	●	●
Body composition: height & weight, BMI, body fat %	●	●	●	●	●
Blood pressure	●	●	●	●	●
Spirometry test (Lung function test)			●	●	●
O2 saturation			●	●	●
Grip strength test				●	●
Blood glucose test:	●				
Blood analysis: biochemistry & haematology profile		●	●	●	●
Urinalysis			●	●	●
Bowel cancer screen for over 45s				●	●
ECG				●	●
Cardiology report					●
Stress ECG					●
<b>Female Specific Testing</b>					
Breast examination				●	●
Pelvic examination & cervical smear test for over 25s				●	●
Breast Ultrasound Scan					●
CA125 ovarian cancer blood test					●
<b>Male Specific Testing</b>					
Testicular examination				●	●
Prostate examination for over 40s				●	●
PSA test for over 40s				●	●

# Specialist medicals

## New starter medicals

We offer new starter and fitness to work medicals to evaluate any risk factors from individuals that might hinder their ability to deliver efficient performance in their new workplace.

We offer standard fitness to work checks with our occupational health company, but we can also tailor the screen to suit your requirements and include further tests where necessary. We have same day availability for most of our medicals, with test results and reports available within 3 days.

## Visa medicals

We provide many visa medicals for employees who are relocating. You can see our full list on our website. Please note this list is not exhaustive and we are always happy to provide a quote for unlisted medicals or screens.

## Specialist medicals

We work across different industries to provide specialist medicals to employees. From transport services to modelling, we can build a screening package to suit your needs.

All our medicals are doctor-led and additional tests or screenings can be added as required. Medicals are available at all our clinics and can be booked online, allowing patients to find a suitable location and time.

## Patient privacy

We employ a strict privacy policy for all our medicals and examinations. Patient consent is always required before sharing any personal information with their employer and any documentation will be encrypted for security reasons.

## Why choose us?

We pride ourselves on our flexible approach to corporate healthcare. We know organisations come in all different shapes and sizes and there is no one size fits all.

Therefore, we'll work with you to create the screening package that fits your company's healthcare needs and your budget. Whether you need ad hoc health screens, or more regular specialist medicals, let us provide you with a simple solution for both you and your employees.

# Mental health services

WE HAVE DESIGNED A MENTAL HEALTH SAFETY NET THAT CAN BE EASILY INTRODUCED IN ANY WORKPLACE

Poor mental health in the workplace is a widespread problem in the UK and globally. A study by Mind showed that in 2018, **48% of employees** have experienced **poor mental health** in their current place of work.

## Mental health services

All our GPs are trained in recognising and treating mental health disorders. However, if they feel that their patient needs further support from a specialist, they will refer them to our onsite consultant psychiatrist at our Blackfriars clinic. We also offer access to fully qualified psychiatrists by video within 48 hours of referral.

## How we can help

A healthier workforce is a happier workforce, and this includes being mentally healthy too. By investing in your employee wellbeing strategy and providing your managers with adequate training to talk about mental health issues, you can reduce sickness absence and the impact on your business.

As well as GP care, we can provide thorough mental health support with our GPs and consultant specialists.

### Our services include:

- SAME DAY GP ASSESSMENT
- RAPID REFERRALS TO OUR CONSULTANT PSYCHIATRIST AND OTHER SPECIALISTS COVERED BY ALL MAJOR PMI INSURERS
- COUNSELLING SERVICES THROUGH OUR OCCUPATIONAL HEALTH COMPANY
- MENTAL HEALTH WELLBEING QUESTIONNAIRE FOR BENCHMARKING
- MANAGER'S TOOLKIT
- MENTAL HEALTH SEMINARS AND WORKSHOPS

### Mental health specialties include:

- ADDICTIONS
- ANXIETY
- BIPOLAR
- DEPRESSION
- PTSD
- SCHIZOPHRENIA
- PARANOIA
- STRESS
- OBSESSIVE COMPULSIVE DISORDER
- PERINATAL
- PERSONALITY DISORDERS

By providing same day appointments and a seamless patient journey, we provide a network of support for patients who require specialist care to help them cope with acute or ongoing mental health disorders.



# Additional services

Whilst GP services are at our core, we also have an expanding network of secondary care consultant specialist available in our clinics, nearby partner locations and via video.

## Imaging services

Our partnership with Alliance Medical and InHealth means our GPs can provide same day X-rays (including chest x-rays) with instant reports. Therefore, if any health screens or new starter medicals require a chest x-ray, we can easily accommodate without adding to the reporting turnaround time.

We are also able to offer rapid referrals for ultrasound, MRI and CT scans at our partner locations across the UK.

## Consultant specialists

Many of our clients provide our services alongside private medical insurance schemes. Whilst we can refer to all private consultants, we also have a selection of specialists who provide consultations at our clinics or via video consultation. Our consultant specialists cover mental health, orthopaedics, cardiology, dermatology, minor surgery, podiatry and women's health.

Visit our consumer site for more information

[londondoctorsclinic.co.uk](http://londondoctorsclinic.co.uk)

## Physiotherapy

We offer rapid access to physiotherapy appointments at 4 of our London clinics in partnership with Total Physiotherapy. If the London locations aren't convenient for your team, no problem. We also offer appointments at 400 locations across the UK, and telephysio triage and follow up appointments.

# About us

**At Doctors Clinic Group we offer convenient private healthcare in London and across the UK.**

Our aim is to make healthcare accessible and convenient. With our extensive network of clinics in London, Birmingham, and Manchester, this allows your employees to see a doctor at a time and place that suits them.

We offer same day appointments, often at short notice, as well as advanced bookings. Our services can be used alongside private medical insurance and local NHS GPs. In addition, we also offer video GP services, meaning you can see a GP from the comfort of your own home.

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Our breadth of service and flexible approach mean we provide an array of corporate healthcare services across different industry sectors.



# Occupational health



## About Maitland Medical

Our occupational health company, Maitland Medical, provides bespoke services to manage workplace risk and secure optimal health and safety. We can also advise on optimising attendance at work, protecting both employers and employees.

- ✓ Optimum quality standards and accreditation
- ✓ 20 years experience
- ✓ Cost effective packages

## Occupational health services

### We can provide the following services:

- Recruitment and new starter health assessments tailored to each job role to reflect working activities risks and exposures
- Management support and advice in respect of absence, health in relation to work, providing adjustments, rehabilitation and supporting a return to work
- Absence management including consultations with qualified occupational health professionals nationwide and liaison with GPs or specialists
- DSE assessments, night working, health surveillance, fit for role assessments
- Travel health assessments including vaccination advice
- Management training including stress management and resilience
- Drug and alcohol testing services
- Employee assistance programmes offering legal, financial and health advice and support

# FAQs

## Who will my team see?

Employees will be seen by one of our General Practitioners. All our doctors are GMC (General Medical Council) registered, and many work within the NHS alongside private practice.

As well as GPs, we work with several consultant specialist for our secondary care services which are also available for appointments at our clinics.

## How do my team book?

Employees can book online from any device. All our corporate clients are also provided with a personalised booking page with information on their benefits, booking process and a dedicated phone number for bookings or any queries.

## Where are your occupational health company based?

Maitland Medical is based in our Chislehurst site, however they provide services across the UK to all our clients. With occupational health nurses nationwide, we're always on hand for your business needs.

## What clinics can my team use?

Any! Your employees can use the most convenient clinic for them. All our clinics are located near major transport hubs and are open from early morning until late, as well as having good availability over weekends and Bank Holidays.

## What if my team aren't near a clinic or are field-based?

If clinic locations aren't convenient, then we also offer video appointments with our GPs 7 days a week which can be used internationally, excluding USA and Canada.

## Can I get a tour or demo of your GP services?

Of course! Contact our Corporate Team for a tour of one of our clinics or to trial our video appointments service.





# For further information

You can contact our Corporate Team on > **020 8712 3762**

or email us at [corporate@londonclinic.co.uk](mailto:corporate@londonclinic.co.uk)

We're always happy to talk you through your options and provide a no-obligation quote for our services.

